



PERSONAL COUNSELING SERVICE'S (PCS) 2010 ANNUAL REPORT

Personal Counseling Service 1205 Applegate Lane Clarksville, IN 47129	Phone: 812-283-8383	Email: admin@pcs-counseling.org Website: www.pcs-counseling.org
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Mission Statement

To offer assistance to all persons desiring to achieve wellness of body, mind and spirit.

Dear Friends of PCS,

It's always enjoyable to sit down at the end of another year and reflect on the work we have done in our communities and recognize our many blessings. Here are some highlights:

Our Norman Melhiser Samaritan Awards Dinner

- Purpose:** To recognize businesses, non-profits and an individual for their business ethics, civic involvement and consistent "green" practices.
- Proceeds:** The proceeds allow those who are uninsured, underinsured and homeless to receive mental health services.
- Outcome:** We were able to serve an additional 64 persons and families as a result of our fundraiser.

Venue: Huber's Winery, Plantation Hall

Community Education

- Purpose:** To create public awareness concerning prescription drug misuse and abuse
- Host:** Three Springs hosted and Clark Memorial Hospital provided the space free of charge.
- Outcome:** Over 75 medical and counseling professionals were in attendance.

Board Governance Class

- Purpose:** Annually, our executive director is asked to discuss board governance with Bellarmine University, MBA students.
- Venue:** It has been conducted at Bellarmine but was hosted at Personal Counseling Service in 2010.
- Outcome:** MBA students learn about board governance but also learn the importance of serving on non-profit and for-profit board. Several students have joined boards as a result of this discussion.

Louisville Metro Police Cadets

- Purpose:** To help police officers to recognize mental health issues in the general population as well as their own mental health. To recognize within themselves when the job is creating extreme stress and how that impacts home life.
- Venue:** LMPD Taylorsville Rd., Louisville, KY
- Outcome:** Cadets as well as their training officers were provided some education in regards to mental health concerns.

Louisville Presbyterian Theological Seminary

- Purpose:** PCS is a practicum site for master's level marriage & family therapy students.
- Outcome:** We provide supervision to these students as they gain more clinical experience. This allows PCS to serve more of the uninsured population. In 2010, PCS supervised two practicum students.

American Association of Pastoral Counselors (AAPC)

- Purpose:** PCS is a service center for AAPC.
- Outcome:** Our licensed and AAPC approved clinical director supervises doctoral level pastors who desire further education in pastoral counseling to address mental health concerns.

Accreditation

- Purpose:** The Samaritan Institute is a national accreditation entity that provides a very high level of oversight to our agency.
- Outcome:** PCS was fully accredited through April 2014.

Secondary Accreditation

- Purpose:** The American Association of Pastoral Counselors is a national accreditation entity that provides a very high level of oversight to our agency.
- Outcome:** PCS was fully accredited through April 2014.

Programming – Counseling and Psychiatric Services

- Purpose:** To provide; individual, couple, marriage & family therapy, faith-based therapy, groups as well as psychiatric evaluations and medication management.
- Costs:** We accept most insurance, Indiana Medicaid, private pay, adjusted fee scale. An in-take for counseling is \$150, for psychiatric; \$200, counseling sessions are \$100 and medication management is \$100.
- Outcome:** In 2010, PCS served 2,507 individuals and families; sixty-one percent were children and youth, forty-seven percent were at or below the federal poverty guidelines. It is estimated that PCS saved the community over \$1M in 2010 by treating 232 patients, keeping them from being hospitalized or re-hospitalized.

New Program – Coaching

Purpose: To provide Leadership/Clergy & Transition coaching to individuals as well as businesses and corporations.

Cost: \$125.00 per hour or contracted at various rates depending upon the context and nature of the coaching needs.

Outcome: This is a new program with six clients and we plan to conduct marketing for this program in 2011.

Psychological Testing

Purpose: To provide testing for seminary students prior to ordination.

Cost: \$450.00 per test (MMPI-II).

Outcome: This is a fairly new service that we have been providing to various conferences.

Parenting Groups

Purpose: To make it possible for parents and/or guardians to attend support meetings and provide them with the tools to be better parents while overcoming obstacles.

Cost: \$30.00 per person per week.

Outcome: Five support groups in 2010, totaling 40 people.

General Information

We are thrilled to announce that our assistant clinical director, Beth Seeger Troy is pregnant with triplets. These are she and husband, Paul's first children. It isn't often that triplets are born and we wanted to share this exciting news with the communities we serve.

The following is an overview of Personal Counseling Service income and expenses for the fiscal year that ended June 30, 2010:

Total revenue	\$487,675
Contributions & grants	\$155,016
Program Services	\$314,125
Other	\$18,534
Program service expenses	\$441,007
Other	\$179,834
Management and general expenses	\$92,921
Fund raising expenses	\$42,206
Total expenses	\$576,134
Total assets	\$541,418
Total liabilities	\$260,302
Net assets	\$281,116
Revenue less expenses	\$(88,459)

Personal Counseling Service is tax exempt under Section 501(c)(3) of the Internal Revenue Code. Donations are tax deductible to the extent allowed by law.

Board of Directors

As of June 30, 2010

Sheri Hume Simon, President

Bruce Paul, VP

Jeff Thomas, Treasurer

Michelle Sanchez, Secretary

Josh O'Byran

Teressa Jackson

Michelle Sanchez

Dr. Julie Toner

Adam Naville

Wendy Osborne

Ron Thompson

Brenda Kissel

Doug Drake, Executive Director

MANY THANKS TO OUR GRACIOUS DONORS, GRANTORS AND SPONSORS

Dick & Alice Schleicher

John & Dr. Nancy Keck

The Bales Foundation & Mrs. Hazel Bales

ProMedia and Dan Williamson

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First Harrison Bank

AML

Cheryl Carpenter

Bob Shine

Clark & Sharon Terrell

Patti Swope

Charles & Phyllis Garmon

Simon, Underwood & Associates

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Indiana University School of Business

Jim & Betty Jones

Dennis O. Dea

Betty & Paige Gabhart

Jerry & Karen Boston

Bonnie Sue Doan

Paul & Beth Troy

Dr. Jdee Richardson

Ron & Rev. Dr. Linda Penrod Million

The Community Foundation of Southern Indiana

Horseshoe Foundation of Floyd County

Leo & Judy Huelsman

Terry Lawton

Adam Naville

L & D Mail Masters

Dennis Crum

Donna Uhl

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Mark Jagers

Yvonne Grundy

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Bobby & Ysha Bass

PNC

The Highland Vineyard

Bob & Wendy Osborne

Stites & Harbison

Liz Palmquist

Luke & Erica McConnell

Doug & Janet Drake

Huber's Winery

The Gheens Foundation

Metro United Way

WHAS Crusade for Children

John & Jan Sowder

Norman & Joyce Melhiser

Erin McMahon

***MANY THANKS TO OUR GRACIOUS DONORS, GRANTORS AND SPONSORS
CONTINUED***

Steven Shields
Oneita Phillips
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Bill Ryall
Wayne Clark
ATOD (Floyd County)
The Conner Fund

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Rev. David Brown
Brandy Wilson
Bruce Paul
Trent Deckard
Dr. Teodoro Bordador
Marla Thomas
Richard & Glenda Thome
Josh O'Bryan
Clark Co. Youth Coalition

MANY THANKS TO OUR VOLUNTEERS & STAFF

Maggie Ridge	Beth Seeger Troy
Drue Thompson	Paul Troy
Teresa Jackson	Leslie Drury – IUS Intern
Sheri Simon	Erin McMahan
Brandy Wilson	Donna Uhl
Carla Shields	Berniece Nicholson
Jackie Keating	Yvonne Grundy
Teresa Carmack	Wendy Osborne
Joey Carmack	Dawne Gee
Michelle Sanchez	Pat Day
Up A Creek – Kay Holsclaw & Ron Missy	
Dustin Frankenfield	

Personal Counseling Service recognized 2,016 volunteer hours in 2010. The dollar value associated with each hour is \$20.85, which is a cost savings to PCS of \$42,003.60.